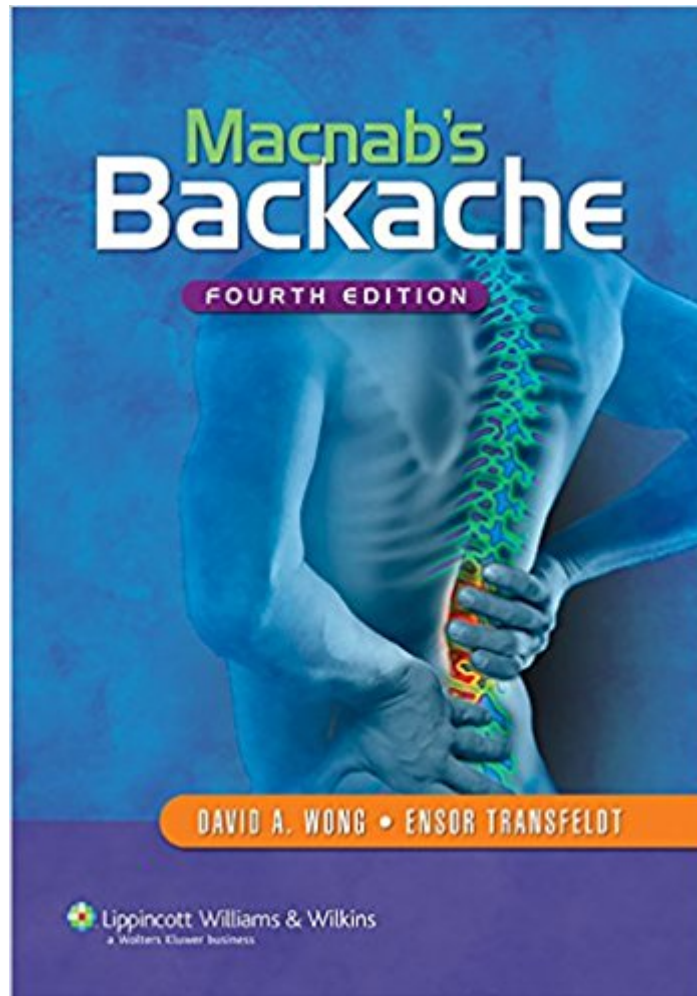




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Macnab's Backache



Synopsis

Macnab's Backache, Fourth Edition is an enhancement and update of Ian Macnab's classic principles of spinal anatomy and pathology, which form the cornerstones of clinical evaluation and treatment of spinal disorders. This edition is geared to practitioners in a wide variety of specialties and emphasizes the initial evaluation and treatment of patients with back pain and/or sciatica. The book thoroughly describes and illustrates the pathoanatomy of various spinal disorders and its correlation with clinical symptoms. Also included are chapters on history taking, examination of the back, differential diagnosis of low back pain, pain management, and a new chapter on injections.

Book Information

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Customer Reviews

I am training to be a spine physician. This book is a great introduction to the spine, I especially love the early chapters. I would recommend highly for a comprehensive and easily readable foundation for understanding back pain. The middle and end chapters are also excellent. I have found myself re-reading the early chapters over and over.

As described

I work in the spine specialty and this book is basically the "Bible" of back problems. It is truly a must read! Great work!

I couldn't part company with this book after a recent back injury. It's informative, slightly cynical at times about the compensation system, and covers everything you will ever need to know, from suggested exercises to table of impairments. It's pragmatic in approach and if you do have an interest in your own health I can recommend it highly.

excellent book, all chapters very well written. Everybody who works with patients with back problems must have one (surgeons and non-surgeons).

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Macnab's Backache Healing Yoga: Proven Postures to Treat Twenty Common Ailments – from Backache to Bone Loss, Shoulder Pain to Bunions, and More Backache: What Exercises Work: Breakthrough Relief for the Rest of Your Life, Even After Drugs & Surgery Have Failed Backache, Stress and Tension: Their Cause, Prevention and Treatment (Fireside Books (Holiday House)) Goodbye Backache Fight Back Pain: Healing Backache, Strengthening Muscles and preventing pain (Live Long Live Health Books)

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